

• CREATE AND SEW AN INDULGENT •

Bathroom duo

Give the gift of relaxation with Corinne Bradd's bath bomb and bag set

There is something so decadent about taking an hour out of your day to pamper yourself, relax and have some me time, and there's no better way than taking a long, luxurious bath. But if your bathroom is more kid's play area than exclusive spa, it's time to take matters into your own hands. These bath bombs will put the fizz back into freshening up and you can choose a scent from The Soap Kitchen to perfectly set the mood. Why not make a big batch, package in these adorable bags and give as presents to anyone who needs a time-out?

BATH BOMBS



YOU'LL NEED:

Floral bath bomb kit – containing bicarbonate of soda, citric acid, powder pigments, fragrances, moulds and more, from thesoapkitchen.co.uk

Glass bowl
Spoon
Scales
Spray bottle



1 Measure out three parts bicarbonate of soda to one part citric acid (as a guide 300g and 100g will make five 5cm diameter bombs) and mix together thoroughly in a clean glass bowl. Add powder colour pigment a little at a time until

your desired shade is reached. Make sure this is mixed in well to avoid dense spots of colour.

2 Choose your fragrance and measure out 10ml. Mix this into the powder quickly. Take a spray bottle of water and squirt a little water onto the powder, mixing continuously as you do so to prevent it fizzing up. Add only enough water for the mix to hold together when lightly squeezed in your hand. Work quickly from this point on as the mix will start to harden.

3 Spoon the mix into two half sphere moulds so it is just proud of the surface. Press the two halves together for a few moments before removing the top mould, leaving the ball of mixture inside the bottom one. Leave to set in the bottom half for 20-30 minutes then remove to let the bath bombs dry completely. Keep them in an airtight container for storage. If giving as gifts, wrap in cellophane for protection.

DRAWSTRING BAGS



YOU'LL NEED:

Cotton fabric, we used Art Gallery Fabrics' Heart Melodies collection from hantex.co.uk/agf
Embroidery thread



1 Cut a 10cm x 25cm piece of cotton fabric and fold in 1cm on

both long edges. Turn in 5mm, then 2cm on both short edges to hem and topstitch two parallel lines to make a channel.

2 Fold the fabric in half right sides together and stitch down the sides, starting the seam as close to the folded ends of the channels as possible. Turn the bag right side out and press.

3 Thread a blunt needle with embroidery thread and pass through the channels, tying the ends into a knot. Pass another length of thread through the channels from the other side to create a second knot. The two knots can then be pulled to gather the top of the bag evenly.



Tip
ADDING DRIED PETALS OR GLITTER TO THE MIXTURE BEFORE SPRAYING ON WATER WILL GIVE YOUR BOMBS A TEXTURED FINISH.

