

Cute Hand Lotion Gift Set

Keep crafting hands soft and supple with a little help from
The Soap Kitchen

This moisturiser uses bacuri seed butter and avocado oil – a delicious-smelling combo that's easily absorbed



Essentials...

| | |
|---|------------------------|
| Cotton fabric, Art Gallery Fabrics, Fusion Spices | 10g jeespere |
| Stiff felt | 6g bacuri butter |
| Embroidery thread, contrasting | 6g avocado oil |
| | 4g dimethicone |
| | 7g glycerine |
| | 4g isopropyl myristate |
| For the hand lotion | 2g phenoxyethanol EHG |
| 160g water | |

Whether you're heading out for a day trip or venturing further afield, a little pot of moisturiser is essential for on-the-go crafters. Set aside an afternoon to create your very own organic lotion using The Soap Kitchen ingredients before finishing it off with handmade packaging, delicately embroidered with a fun motif. It makes an extra-special Christmas gift, too!

Hand Lotion

- 1 Weigh jeespere into a bowl, then add the water. Leave to absorb the water for a few minutes, then whisk to a creamy consistency.
- 2 Carefully weigh the bacuri butter and avocado oil into the bowl and whisk, then weigh the rest of the ingredients into the bowl and blend until completely mixed. Spoon into suitable containers.



"Choose recipes with familiar ingredients that can be made easily in your kitchen rather than any complex formulas!"

Richard Phillips, The Soap Kitchen Owner

Craft Clever

Embroider a motif onto 10cm square fabric

Drawstring Pouch

1 Cut an 8cm circle of stiff felt to accommodate the size of your handmade lotion. Trim a 9cm circle of plain cotton and tack the felt to the centre of it. Snip three 27cm lengths of contrasting fabric, two 4cm and one 6.5cm wide. Sew the long edges together, with the wider section in the centre, and press.

2 Position an embroidered panel in the lower centre of the fabric strips and sew in place with a small running stitch. Fold the panel in half, right sides together, and stitch down the short edges to make into a tube.

3 Pin and stitch the felt and fabric base disc to the lower edge of the tube, using the felt as a sewing guide. Fold the seam allowance towards the felt side and secure with a small running stitch to hold the felt disc in place. Remove the tacking stitches.

4 Neaten the top raw edge of the bag with zigzag stitch before folding in by 2cm. Pin the hem in place. Find the side of the bag and use six strands of embroidery thread to sew a ring of large running stitch around the top in line with the seam. Knot the thread at the side and trim the ends. Sew another ring around the top, starting from the opposite side, and secure in the same way so that when both knots are pulled, the top of the bag gathers up neatly.



Perfect Partners

Once you've made your hand lotion, why not try creating your own soap?

Head back to nature with a Leaves Tray Mould. This design features a light grid guide to help accurately cut your soap into bars. Priced from £3.99.



Get the magical touch with a Unicorn Horn Silicone mould – it's perfect for children and big kids alike! Priced from £9.99.

Make it yourself!

- Essential oils smell fabulous but can be volatile and very potent, so use with care. Most should be diluted before being applied to the skin, and should not be used in eye products.
- Once you have mastered a recipe you can easily vary the oils to your preference, and include properties to suit your skin type.
- You've created something special so package it well! Choose a suitable container that will keep it looking great and prolong its shelf life. Look for leak proof lids, pumps or disc tops. Tins are good for balms and oil based products.

Visit thesoapkitchen.co.uk to explore the full range